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FOR IMMEDIATE RELEASE

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Hurley, WI- Iron County Public Health is reporting a total of 20 positive COVID-19 cases and 1 death. This reporting is residents of Iron County only. Please wear a face covering! According to the CDC, cloth face coverings should be worn in public settings where other social distancing measures are difficult to maintain, such as grocery stores, pharmacies, and gas stations.

COVID-19 spreads mainly from person to person through respiratory droplets produced when an infected person coughs, sneezes, or talks. These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs. Studies and evidence on infection control report that these droplets usually travel around 6 feet. While people who are sick or know that they have COVID-19 should isolate at home, COVID-19 can be spread by people who do not have symptoms and do not know that they are infected. That's why it's important for everyone to practice social distancing and wear cloth face coverings in public settings. Cloth face coverings provide an extra layer to help prevent the respiratory droplets from traveling in the air and onto other people.

Be Kind: your face covering protects me and mine protects you.

Symptoms of COVID-19 include: • Fever and chills • Cough • Shortness of breath • Loss of taste or smell • Sore throat • Fatigue and body/muscle aches • Diarrhea, vomiting and nausea

The public should continue to follow these preventive steps to protect our families, neighbors, and communities from the spread of this virus, including:

- Avoiding social gatherings of any size, with people of all ages who do not live together;
- Practicing physical distancing when out in the community by staying 6 feet away from others;
- **Wear cloth face coverings;**
- Taking special precautions to protect high-risk individuals;
- Frequent and thorough hand washing with soap and water;
- Covering coughs and sneezes (into the sleeve, elbow, or tissue, and not hands);
- Regularly cleaning high-touch surfaces;
- Not shaking hands;
- Avoiding touching your face;
- Staying at home as much as possible, avoid travel outside of your community.

This is a rapidly evolving situation. We are in this together. We can choose to protect ourselves and each other, and thereby protect our community and economy, by changing our behavior in accordance with the actions listed above.

Check the Iron County web page and Facebook for updates and alerts.

www.ironcountypublichealth.org

